

Trinity *Non-*contact

The magazine for Trinity Church, Deal



Trinity Church is here for worship, witness, and service
 We *worship* together, strengthening each other through sharing our faith
 We support our community through *witness* and *service*



Trinity Methodist and United Reformed Church
 Union Road • Deal • Kent • CT14 6EA

Minister: Reverend Hilary Nabarro

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www.trinitychurchdeal.org

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Trinity Church, Deal

contact is edited by Geoff Potter and published quarterly. It is available in large print (A4), and pdf (by email, for reading on screen or to print out). Please contact the editor at geoffrey.potter@btinternet.com for an alternate version. It can also be found on our website: www.trinitychurchdeal.org/Magazine. Opinions expressed in *Contact* are those of the respective author, and do not necessarily reflect those of the editor, Trinity Church, or any other church member. Copy deadline for the December/January/February issue (all submissions, preferably as a Wordfile or in the body of an email): **Sunday 22 November**. Deadlines for future issues and their publication dates are as follows:

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Dear Friends,

- 1 If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy,
- 2 make my joy complete: be of the same mind, having the same love, being in full accord and of one mind.
- 3 Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves.
- 4 Let each of you look not to your own interests, but to the interests of others.
- 5 Let the same mind be in you that was in Christ Jesus,
- 6 who, though he was in the form of God, did not regard equality with God as something to be exploited,
- 7 but emptied himself, taking the form of a slave, being born in human likeness.
- 8 And being found in human form, he humbled himself and became obedient to the point of death – even death on a cross.
- 9 Therefore God also highly exalted him and gave him the name that is above every name,
- 10 so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth,
- 11 and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

(Philippians 2:1–11)

The reading above includes the ‘hymn to Christ’s humility’, and it’s easy for us to rush straight on into the glorious words of the hymn. But it’s good for us to pause before doing that, and to consider Paul’s introductory words, because he helps us to ground the soaring words and shows us how we might in some small way actually follow the example of Christ.

Paul isn’t really posing a question about whether there is any encouragement in Christ and so forth. He’s assuming it. So we might read this as, ‘*Since there is encouragement in Christ...*’ Paul is reminding his readers of the gifts they have received as a community of faith. We can find ourselves so overwhelmed by our struggles that we can no longer remember what’s possible. And so Paul reminds us: encouragement, consolation, sharing, compassion and sympathy – these things are all still available to you! This isn’t about pretending the Christian life spells an end to hardship and struggle, or that the struggles we have aren’t hard. Rather, it’s about affirming that these challenges are not our only reality, not the last word, because God has raised Jesus from the dead.

Paul challenges us to be of one mind and to live together in accord. It’s in the community that we’re reminded of who we are, of *whose* we are, and so of all that’s available to us and possible for us. It’s so easy, when we feel beleaguered, either to

neglect our participation in the community or to take out our frustrations and fears on other community members, but this tears at the fabric of the very group that can help us surmount our difficulties. Tend your communal life, Paul instructs, because it’s only in community that we find the strength to persevere amid life’s challenges.

Paul goes on: ‘*Look not to your own interests, but to the interest of others.*’ This reminds us that regarding others as better than ourselves isn’t just a single action, but a whole set of actions and practices that involve looking out for the interests of others. A community is formed not just by a single attitude but by a host of actions. Paul isn’t just speaking to us as individuals, but to the community of which we are a part. Paul’s advocating a culture of mutual concern and care, where each and all members of the community are looking out for each other. He’s trying to cultivate a spirit of mutual self-sacrifice, a spirit of honouring the other as a beloved member of the family of God so that together we can live into God’s hope and desire, so that all of us can experience a sense of worth and value and can love each other as we have been loved.

Prayer:

O Master, grant that I may never seek so much to be consoled as to console;
to be understood as to understand;
to be loved as to love with all my soul.
Amen.

Every blessing,

Hilary

Prayers

Your prayers

Please continue to pray for those needing special care and treatment.

Merciful God, we remember before you all who are sick this day. Give them courage to live with their disease. Help them to face and overcome their fears. Be with them when they are alone or rejected. Comfort them when they are discouraged. Touch them with your healing Spirit that they may find and possess eternal life, now and forever. Amen.

Please remember in your prayers:

Those people affected by the Coronavirus

Those suffering from long-term illness.

Those people relying on Foodbanks to feed them.

The frontline workers in all walks of life who have risked their health to keep us safe.

The refugees around the world seeking a safe future.



Prayer calendar

The following people in our church family have birthdays in the next two months and we pray for them especially:

October: Jennie Gibbons, Bill Greenup, Clare Hawkins, Eric Musson, Pam Palmer, Jeff Pitman, Muriel Sim.

November: Marion Bones, Joy Callan, John Chidwick, Bryn Hawkins, Sylvia Westray.

Gracious God, we pray for the people we have named here, for their homes and families. Give them the assurance of your everlasting love for them each one of them. Amen

If your name should have been included please speak to Daphne.

The future of

Contact has been a bi-monthly magazine for a number of years, but the last few issues have been dwindling in size and the weekly newsletter is a quicker means of disseminating relevant information for a few months now.

So I have reluctantly decided that until things return to some kind of normal Contact will become a quarterly publication and the weekly newsletter (viewed by most of the church family) will be our main means of communication. Some of the items (like birthdays) will become part of the newsletter on a monthly basis.

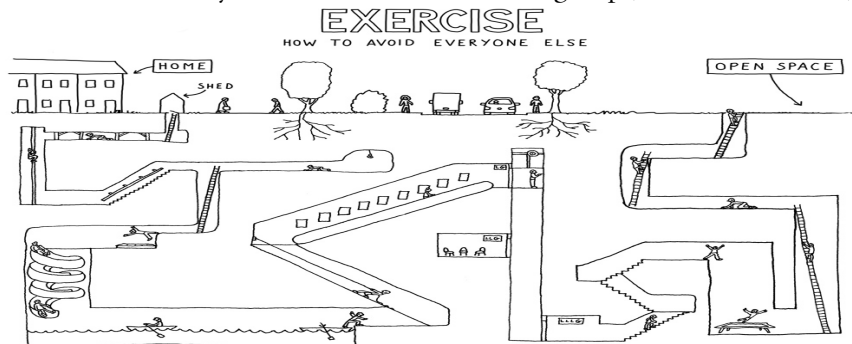
Those without internet access are given printed versions of the weekly service and the newsletter (thanks to Pam and Bryn, and Andy and Sally for their efforts in this), so hopefully everyone is kept up to date.

I start the Newsletter around 3pm on Saturday so if you need to mention something then email, phone, or shout very loudly and I will try to fit it in.

Geoff

Why the asterisk in the title?

Contact has a different colour theme for each issue, and they depict the seasons it is published (blue=Dec/Jan; red=Aug/Sept, brown=Oct/Nov, etc).

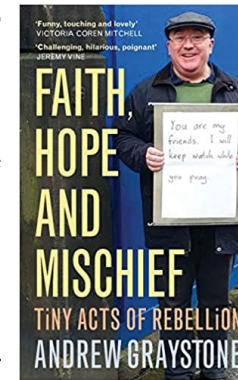


Book review

Faith, hope and mischief – Tiny acts of rebellion

by Andrew Graystone

Author, journalist and world-famous Twitter sensation, since he stood guard outside his local mosque in the aftermath of the Christchurch terrorist attack, this is not a book that tells you about Andrew Graystone's professional career.



book is wonderfully easy on the soul. You can swallow it whole or dip in and out.

Be reminded of how odd the world is, be reminded how unjust or hurtful life can sometimes be, be reminded that in our struggles, we are not alone.

Laugh, cry and think about our quirky lives, and God

It is not a biography, but a description of everyday activism, a joyful call to arms. Full of hope and promise, this book is also so much more, delightfully more.

Laid out in tiny glimpses, stories, parables if you will, of true things that happened somewhere along the extraordinary-clothed-in-ordinary life of a writer and follower of Jesus, this

who loves us so much, our God who through everything, never, ever lets us go.

This book is published by Canterbury press (ISBN 978 1 786 22259 6) and is available from your favourite bookseller as paperback or e-book. Andrew Graystone has also been interviewed in a number of podcasts.

Sally Russell

Ride and Stride 2020



Because of Covid-19 and Coronavirus, Trinity is not open for services, meetings or events, so sadly we were not able to be open for this year's Ride and Stride event when we would

usually welcome riders and striders taking part and being sponsored for the number of churches they visit during the day.

This event did go ahead across Kent – and Trinity had a notice/form on the door of our Church asking riders and striders to write their details on the form as proof of their visit and this was then forwarded to the organisers.

Trinity has been taking part in this annual event for many years and we pray that circumstances will mean that we can be open for it again next year.

As most of you know Friends of Kent Churches help many of our churches, some which are very old buildings and are no longer in use but are of historical interest, and often in areas that no longer have people living nearby. Without the help of

this organisation giving advice and grants many of these churches would fall into total disrepair and the historical interest would be lost forever.

If you think you may like to take part next year, either riding or striding, to churches in our local area or perhaps further afield, or you would like more information about the event, please let me know. Or perhaps you would be one of our helpers on the day for an hour or two welcoming visiting riders or striders to Trinity and signing their sponsor forms to confirm their visit. Again, please let me know.

Best wishes to everyone.

Pam Hawkins

Our harvest festival

We would like to take this opportunity to say a big thank you for the Sunday Services and the Newsletters we receive each week and to those responsible for the preparation of them.

But we want to say a very special thank you for the Harvest Special Service which we received by DVD and a very big thank you to everyone who made this possible either in the preparation or in contributing. We

know that we were not alone in appreciating and enjoying this Service.

We have been told that while the current situation continues it may be possible, on special occasions, to have more services in this way. We hope this is possible and look forward to them very much.

Best wishes to everyone

Pam and Bryn Hawkins

Pause for thought

Be careful about reading health books –you may die of a misprint.

Mark Twain

THE WESLEY HALL

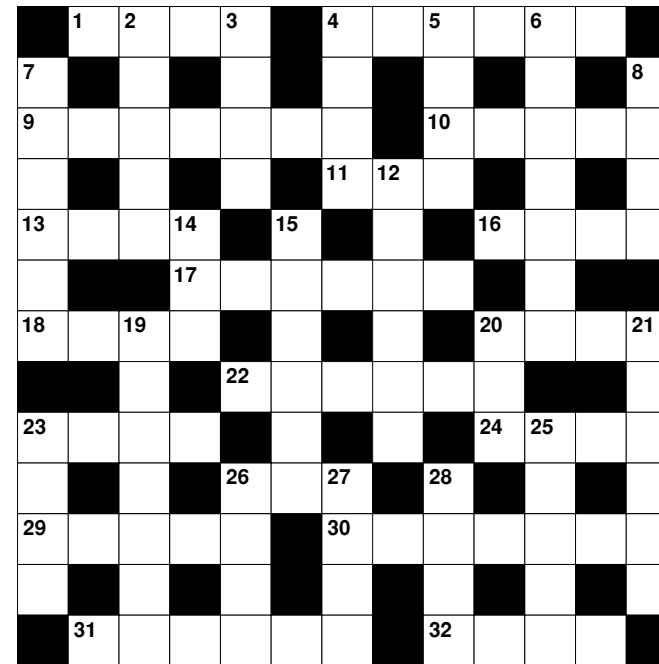
is available to everyone for hire for private celebrations, clubs, societies, meetings. Cost is £35 a session (morning, afternoon, or evening) and includes heating, audio system (video projector available at extra cost), and use of kitchen.

Call on 01304 366 231

or email trinitychurchbooking@gmail.com

(Conditions apply)

Crossword by kind permission of Dennis Finch, Downsview MC



Scribbles

Across

1. A small garment
4. Multitude (Mark 3:8)
9. Prophet who dreamed about dry bones (12th OT Book)
10. Final Greek letter
11. His wife turned into salt (Genesis 19:26)
13. Betray for money like Judas
16. Colour of heaven!
17. Make them when you've done wrong
18. Country on your side
20. Province or continent
22. Evil men are like these molluscs (Psalm 58:8)
24. Rabbit's tail
26. Supernatural mischievous being
29. Plant insect
30. Beware of these drivers!
31. Moses did this for his people (Numbers 21:7)
32. Herb (Matthew 23:23)

Down

2. Perfect
3. Flower goddess
4. Church bell sound
5. Public disturbance
6. Used for records!
7. Bible Kingdom (Esther 1:13)
8. Hub or body of a church
12. Appoint
14. Non-clerical
15. Canine cover
19. Elijah wore this skin (2 Kings 1:8)
20. Jesus' mount
21. Players
23. Middle Eastern (Joshua 15:52)
25. Cathedral dignitary
26. Irritable
27. Ran away
28. Jesus made it after the storm! (Matthew 8:26)

History of Harvest Festivals

Harvest Festival is often celebrated in the Church on the first Sunday of October. The festival, as it is known today, is attributed to Rev Robert Hawker who, in 1843, invited parishioners to a special thanksgiving service in Morwenstow, Cornwall.

In reality, of course, harvest celebrations date back about 3,500 years to Old Testament days when God gave Moses instructions for seven annual feasts (Leviticus 23). These included three harvests: Firstfruits in spring for the barley harvest; Weeks in early summer for the wheat harvest; and Tabernacles, or the ingathering, in the autumn when thanks was given for all the year's crops and prayers offered for the coming year.

As well as wheat and barley, the other main crops were grapes, figs, dates, olives, and pomegranates. These seven foods are sometimes called the 'Seven Species' of the Bible. They are those God told the Israelites they would enjoy when they arrived in the Promised Land (Deuteronomy 8:8).

In Rev Hawker's days most of the UK population relied totally on growing their food locally and a good harvest was vital for their wellbeing throughout the coming year. It is easy to see how his idea for a great festival rapidly established itself as a tradition. Today, few people in the UK rely on their own grown food or source it entirely from within their community, so the underlying nature of Harvest Festival has changed significantly.

Association of Church Editors (ACE)

A prayer for masking

Lord, as I put on my mask, let it be a filter for my words to pass through as well as my breathing.



Let through only words which are helpful breathings of love and stop those things in my speech that will be harmful to others.

Protect me also, O Lord, from the harmful things others may say to me.

Help me to realise that we may be a carrier of bitterness, thoughtlessness, judgement and prejudice without realising, and that some people are more word-vulnerable than others.

Give me grace to love those who cannot, or will not filter to protect others, and special grace to them, because they go through the world unprotected.

Help me to be prepared to adapt and be brave and transparent so that all may have chance to hear.

Lord, be a mask to my mouth and pin our ears forward for listening.

Amen

ACE, Rev C Beckett

Reports from meetings...

About our meetings:

Please ignore this paragraph... Please try to attend meetings, especially the quarterly Church Congregational meetings where you will have the opportunity to review the work of the Trustees (the November meeting is very important as this is the meeting where Trustees are elected, and the other officers of the church [stewards, etc] are appointed). There are a lot of things happening but the best way to keep in the loop is to go.

Most meetings are open to all, but some have voting rights restricted to church members. Trustees' meetings are for Trustees only.

Edited minutes of the Trustees' meeting held via Zoom on 24 August 2020 at 19:30

Present: Sally Russell, Andy Russell, Geoff Potter, Neil Adams, Jennie Gibbons, Val Newman, Hilary Webb.

Chair and Zoom host: Rev Hilary Nabarro

Agenda Items

Welcome and opening devotions. Apologies were received from Margaret Barker.

Hilary N read the Gospel story of the feeding of the 5,000. We thought about the leadership of the church, in the context of feeding the church family. The meeting was led in prayer.

Minutes from the last meeting and also from 27 July; matters arising. The minutes were approved by the meeting.

Reports:

1. Finance:

The temporary Treasurer spoke to the appended financial budget. There has not yet been any outcome in the form of minutes or formal request for funds from the circuit treasurers meeting several weeks ago.

2. Property:

The appended fire safety system quotes were discussed.

There was unanimous approval for purchasing the level L1 higher specification fire alarm system. Thanks to Reg, Malcolm and all the people who are supporting the building maintenance during this period.

3. Safeguarding:

Audits of marriages and baptisms are up to date. Mental health support contact details will go into the newsletter, and onto the noticeboard; thanks were extended to the Safeguarding Officer.

4. What next?

- Re-opening? Discussion of communications received from church members following the letter sent out after the meeting on 27 July.

There was a lengthy discussion about communication and anxieties amongst the church family around the question of reopening for church services. Hilary N agreed to write something to explain what some of the issues are regarding worship at the church vs continuing as we are. The Trustees can then consider this in the light of possibly using this as communication with the wider church.

- Harvest Festival. Progress is good. Plan is on track for 20 September.
- Pastoral/prayer networking and support for Pastoral Group Leaders.

5. AOB:

The Constitution of the Church requires members to be physically present to discuss and vote. We need to address this as this will not be possible due to the pandemic. Hilary N will follow up the question of being unable to meet in person for the AGM in November with Paul Dean.

Date of next meeting, 21 September 19:30.

Close in prayer at 21:30

Edited minutes of the Trustees' meeting held via Zoom on 21 September 2020 at 19:30

Present: Sally Russell, Andy Russell, Geoff Potter, Neil Adams, Jennie Gibbons, Val Newman, Hilary Webb.

Chair and Zoom host: Rev Hilary Nabarro

Agenda Items

Welcome and opening devotions. Apologies were received from Andy Russell and Margaret Barker.

Minutes from the last meeting were approved and matters arising are already covered on the agenda. Today is St Matthew's day. We thought about Matthew, his relationship with Jesus and as a writer of the Gospel. He is thought to be a tax collector, a collaborator with the occupying forces and challenges us to think about our role with finance and power as followers of Christ.

Reports:

1. Safeguarding:

There are no safeguarding issues to report.

2. Finance:

There is an appended financial statement, which the temporary Treasurer spoke to. Legacy money has been gratefully received and it would seem appropriate to spend this on something specific. We shall give this some thought.

3. Property:

The fire alarm project progresses at pace.

Reg Scarborough has decorated the porchway at the end of Wesley Hall and made this a useable access for able-bodied blood donors to aid with one-way flow for COVID-safe donations.

There has been a complaint from some of the neighbours about the brightness of the car park lighting so it was decided to try to apply a film over the lights which should reduce spread of the light and reduce the nuisance but preserve the purpose of the lighting for safety in the car park.

4. External meetings:

- EKSA meeting – any issues. Nothing relevant to report.
- Circuit meeting – any issues. Our Circuit Assessment is likely to be the same as last year but there was not much else to report.

5. Church AGM:

The constitution states members must be present to vote. It is suggested that presence can be virtual. The Charities Commission and other churches are taking this forward, as are the senior levels of both our denominations, URC and Methodist.

6. Re-opening?

Discussion of communications received from church members following the letter and questionnaire sent out after the last meeting in August. The appended digest was discussed and it was felt that the current plan is well supported by the majority of the church family.

7. Harvest Festival:

The service was very well received with many helpful comments from a wide range of people. It was thought that Advent and preparation for Christmas would be a good next project.

8. Befriending Support Network:

It is proposed that Hilary N will draft a letter that will strongly encourage the discipleship of church members through forming a network which supports and allows each member to be supported. This will be an opt-out system and therefore consent will be obtained for members to contact each other through shared personal details. Any questions or further support should issues arise can be sought from the Pastoral Group Leaders or the Minister, to help the system to be robust.

- 9. It was noted that Hilary N has received the resignation of Pam Palmer as a Pastoral Group Leader today due to overwhelming problems recently with family and health. Our thanks to her for her service in this role.

Date of next meeting, 26 October 19:30 by Zoom

Closed in prayer 21:10.

End on a smile!

This may not make much sense to some of you, but to help your understanding computer programs are constantly being updated, thus they are given new version numbers each time.

Dear Tech Support,

Last year I upgraded from Boyfriend 5.0 to Husband 1.0 and noticed a distinct slowdown in overall system performance, particularly in the flower and jewellery applications, which operated flawlessly under Boyfriend 5.0.

In addition, Husband 1.0 uninstalled many other valuable programs, such as Romance 9.5 and Personal Attention 6.5, and then installed undesirable programs such as: Premier League 5.0, Premier Rugby League 3.0 and Golf Clubs 4.1. Conversation 8.0 no longer runs, and House cleaning 2.6 simply crashes the system.

Please note that I have tried running Naggling 5.3 to fix these problems, but to no avail.

What can I do?

Signed,

Desperate

The response:

Dear Desperate,

First, keep in mind Boyfriend 5.0 is an entertainment package, while Husband 1.0 is an operating system.

Please enter command: I thought you loved me.html and try to download Tears 6.2. Do not forget to install the

Guilt 3.0 update. If that application works as designed, Husband 1.0 should then automatically run the applications Jewellery 2.0 and Flowers 3.5.

However, overuse of the above applications can cause Husband 1.0 to default to Grumpy Silence 2.5, Happy Hour 7.0, or Beer 6.1. Please note that Beer 6.1 is a very bad program that will download the Snoring Loudly Beta version.

Whatever you do, DO NOT, under any circumstances, install Mother-In-Law 1.0 as it runs a virus in the background that will eventually seize control of all your system resources.

In addition, please do not attempt to re-install the Boyfriend 5.0 program. These are unsupported applications and will crash Husband 1.0.

In summary, Husband 1.0 is a great program, but it does have limited memory and cannot learn new applications quickly. You might consider buying additional software to improve memory and performance. We recommend Cooking 3.0 (but don't forget Smoke Alarm 9.99!)

Good luck!

Tech Support



Events for October/November

All events take place at Trinity unless stated otherwise. Trinity services are in *italics*. *The only listings we have are for the preachers who will be providing home services. This list will change should we get a circuit plan and when the church opens for services...*

Date

October

Sunday 4 Rev Hilary Nabarro

Sunday 11 Rev Hilary Nabarro

Sunday 18 Father Stephen Young

Sunday 25 Rev Chris Hayward

November

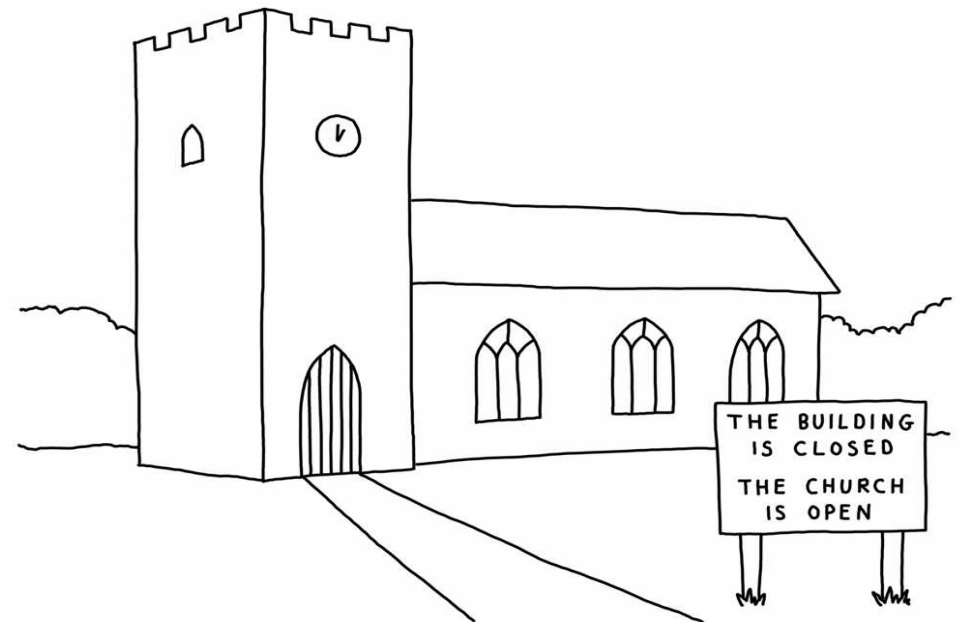
Sunday 1 Rev Hilary Nabarro

Sunday 8 Rev John Lines (*Remembrance Sunday*)

Sunday 15 Rev Hilary Nabarro

Sunday 22 Mr Stephen Robinson

Sunday 29 Rev Hilary Nabarro (*First in Advent*)



Contacts and groups

Trinity Church
 Union Road
 Deal
 CT14 6EA
 01304 372 002
 trinitychurchdeal@gmail.com

Church office holders

Minister:
 Rev Hilary Nabarro 01303 268 621
 hnabarro@yahoo.com

Senior Steward:
 Geoff Potter 01304 360 974

Church Meeting Secretary:
 Sally Russell 07802 644 012

Safeguarding Officer:
 Hilary Webb 01304 620 797

Church Treasurer:
 Vacant (Neil Adams is filling this role on a temporary basis)

Gift Aid Secretary:
 Neil Adams

Envelope Secretary:
 Hilary Webb 01304 620 797

Pastoral Secretary:
 Daphne Tutton 01304 368 370

Booking Secretary:
 Jennie Gibbons 01304 366 231
 trinitychurchbooking@gmail.com

Contact Editor:
 Geoff Potter 01304 360 974
 geoffrey.potter@btinternet.com

Weekly newsletter:
 Geoff Potter 01304 360 974
 geoffrey.potter@btinternet.com
 (Items for the newsletter by midday
 Friday for the time being)

Regular meeting groups

(None are running at the moment. Please check the weekly newsletter for changes)

Barnabas Breakfast Crew:
 8am second Saturday of each month
 Colin Spicer 01304 367 156
 Eric Musson 01304 374 010

Marthas and Marys:
 7pm third Friday of each month
 Val Newman 01304 375 482

Prayer Circle
 9.30am first Monday of each month
 Val Newman 01304 375 482

Sew 'n' Sos:
 2pm third Wednesday of each month
 Val Newman 01304 375 482

Trinity Toddlers:
 9.30am Tuesdays and Thursdays during term time
 Sherry Freeman 07980 993 406



Dear Lord,
 During this period of isolation
 I can't be everywhere,
 but You can.
 Please watch over my
 friends and family.
 Please protect them
 and keep them safe
 for us all.
 Amen

Answers

	M	I	N	I		T	H	R	O	N	G	
P	D	R	O		I	E	S					
E	Z	E	K	I	E	L		O	M	E	G	A
R		A	S		L	O	T		D		V	
S	E	L	L		K	R		B	L	U	E	
I			A	M	E	N	D	S		E		
A	L	L	Y		N	A		A	S	I	A	
		E		S	N	A	I	L	S			C
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R		T		E	L	F		C		A		O
A	P	H	I	D		L	E	A	R	N	E	R
B		E		G		E		L		O		S
	P	R	A	Y	E	D		M	I	N	T	